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Updating guidance for reporting systematic reviews: development of the PRISMA 2020 statement

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Abstract

Objectives: To describe the processes used to update the PRISMA 2009 statement for reporting systematic reviews, present results of a survey conducted to inform the update, summarise decisions made at the PRISMA update meeting, and describe and justify changes made to the guideline.

Methods: We reviewed 60 documents with reporting guidance for systematic reviews to generate suggested modifications to the PRISMA 2009 statement. We invited 220 systematic review methodologists and journal editors to complete a survey about the suggested modifications. The results of these projects were discussed at a 21-member in-person meeting. Following the meeting, we drafted the PRISMA 2020 statement and refined it based on feedback from co-authors and a convenience sample of 15 systematic reviewers.

Results: The review of 60 documents revealed that all topics addressed by the PRISMA 2009 statement could be modified. Of the 110 survey respondents, more than 66% recommended keeping six of the original checklist items as they were and modifying 15 of them using wording suggested by us. Attendees at the in-person meeting supported the revised wording for several items but suggested rewording for most to enhance clarity, and further refinements were made over six drafts of the guideline.

Conclusions: The PRISMA 2020 statement consists of updated reporting guidance for systematic reviews. We hope that providing this detailed description of the development process will enhance the acceptance and uptake of the guideline and assist those developing and updating future reporting guidelines.

Word count: 4,889

1. Introduction

In 2009, an international group of systematic reviewers, methodologists, clinicians and journal editors disseminated the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) statement, a guideline designed to help authors prepare a complete report of their systematic review (1-7). The PRISMA 2009 statement included 27 checklist items representing a minimum set of information to convey in a systematic review report, covering the rationale for the review, databases used to identify studies, results of meta-analyses conducted, and implications of the review findings. Each checklist item was accompanied by an 'explanation and elaboration' providing rationale and additional pedagogical guidance for each item, along with exemplars to demonstrate complete reporting (8-12). Uptake of the guideline has been extensive, as indicated by its citation in tens of thousands of systematic reviews and frequent use as a tool to evaluate the completeness of reporting of published systematic reviews (13). To ensure its currency and relevance, in 2017 we set out to update the PRISMA 2009 statement by incorporating advances in systematic review methodology and terminology occurring in the last decade.

Leaders of the EQUATOR (Enhancing the QUALity and Transparency Of health Research) Network have produced methodological guidance for developers of new health research reporting guidelines (14). However, no methodological advice for *updating* a reporting guideline exists, and only a few reporting guidelines have been updated (15-18). Therefore, providing a detailed description of the updating process offers a potential roadmap for others embarking on a similar initiative. Furthermore, documenting the evidence, theoretical considerations and rationale for the reporting recommendations is important for future updates and, in addition, may be of interest to users wondering why particular recommendations were made. In this paper, we describe the steps taken to update the PRISMA 2009 statement, summarise the key changes made to the guideline, and provide a rationale for these changes.

2. Methods

We established an international core team of individuals with expertise in systematic review and meta-analysis methodology and reporting guideline development, and experience in authoring and editing systematic reviews, to lead the update of PRISMA (MJP, JEM, PMB, IB, TH, CDM, LS and DM). We registered the update with the EQUATOR Network website on 13 December 2017 (19), and our protocol was uploaded to the Open Science Framework repository on 14 February 2018 (20). Deviations from the protocol are noted in supplement 1 in the Appendix (<https://osf.io/2dgph/>). We adapted the EQUATOR Network's guidance for developing health research reporting guidelines (14)

and the methods used to update the CONSORT and STARD guidelines (15-18). This involved a 4-step process of (i) reviewing relevant literature to identify possible modifications to the PRISMA 2009 items and possible new items, (ii) conducting a survey of systematic review methodologists and editors to gather feedback on the items, (iii) holding a meeting to discuss items, and (iv) drafting and refining the guidance. Further detail is provided below for each step.

2.1. Step 1. Review of literature to inform the guideline

We reviewed several types of literature to identify items that could be modified, added to, or removed from the PRISMA 2009 statement. We revisited four prior evaluations of the reporting of published systematic reviews (described in detail elsewhere (13, 21-23)) and noted any PRISMA 2009 items not reported in at least a third of the reviews sampled, to identify potentially problematic items within the current checklist. We collated items included in other documents providing reporting guidance for systematic reviews and mapped them against the items recommended in the PRISMA 2009 statement, to determine what, if anything, was missing from PRISMA 2009 (described fully elsewhere (24)). In brief, we reviewed 60 documents, consisting of the PRISMA 2009 statement and its 10 extensions, all other reporting guidelines for systematic reviews indexed in the EQUATOR Network library in March 2018, and other documents, such as conduct guidance and appraisal tools for systematic reviews. One author (MJP) extracted all reporting guidance from the PRISMA 2009 statement and any additional reporting guidance for systematic reviews available in the 60 documents. The same author also reviewed 43 published comments on the PRISMA 2009 statement (identified in an earlier scoping review (13)) and extracted any suggested revisions to items not already captured from the 60 documents.

2.2. Step 2. Survey of systematic review methodologists and editors

2.2.1. Procedure

We undertook a survey of systematic review methodologists and journal editors to gather their feedback on suggested modifications to PRISMA 2009 items and on the additional items collated, and to identify gaps where new items might be required. Individuals were invited via email to complete the survey, which was created using the online software Qualtrics (Qualtrics, Provo, UT, USA). The survey was open between 6 June 2018 and 31 July 2018, with one reminder email sent on 25 June 2018 to individuals who had not completed the survey and had not indicated that they wished to opt out.

2.2.2. Ethics

Ethics approval for the survey was obtained from the Monash University Human Research Ethics Committee (approval number 12813). We informed participants that their responses would be de-identified and that findings would be reported in aggregate.

2.2.3. Participants

We constructed a sampling frame, consisting of all members of the PRISMA 2009 and PRISMA for Protocols (PRISMA-P) 2015 Groups (25, 26), corresponding authors of all PRISMA extensions that were published (27-34) or in development at the time of the survey (35-38), editors in chief and associate editors for two journals specialising in systematic review methodology (*BMC Systematic Reviews* and *Research Synthesis Methods*), convenors of the 17 Cochrane Methods Groups (convenors are experienced researchers who are involved in research, development or evaluation in specific areas of systematic review methodology), and all members of the Cochrane Scientific Committee (who are responsible for making decisions about the implementation of new methods for Cochrane reviews). Inclusion of methodologists that contribute to Cochrane provided broad representation because these methodologists are employed across many institutions, and as such, undertake reviews outside of Cochrane, including reviews for guidelines, national government and international organisations (e.g. WHO). The compiled list of individuals was sent to the core team for their review, where they were provided with the opportunity to nominate other individuals. The survey was sent to all individuals on the final list, which consisted of 220 individuals.

2.2.4. Survey content

The survey included three parts (see supplement 2 in the Appendix (<https://osf.io/2dgph/>)). In Part A, we sought respondents' views on each of the 27 items in the PRISMA 2009 statement, to determine whether they thought the item was still required, and if so, whether it needed modifying. For each item, we presented its current wording in the checklist, along with the explanation and elaboration. In addition, we presented a consideration to prompt thought about whether and why the item might need modifying. For example, checklist item 22 in the PRISMA 2009 statement recommends authors "Present results of any assessment of risk of bias across studies." In the consideration for the item, we stated, "The phrase "risk of bias across studies" is ambiguous; it is meant to refer only to reporting biases (e.g., publication bias, selective reporting within studies), but some users may understand it to mean bias in a synthesis resulting from inclusion of studies at risk of bias due to other methodological flaws (e.g. lack of allocation concealment)."

The consideration for each item was based on information collated in the review of existing reporting guidance for systematic reviews (24). For each checklist item, we asked respondents whether we should:

- a) keep the checklist item as it is;
- b) modify the checklist item using wording suggested by the core team;
- c) modify the checklist item otherwise (if selected, respondents were prompted to explain how to modify the item);
- d) remove the checklist item.

Respondents were also given an option to select “No opinion”. Similar responses options were provided for the question about the current explanation and elaboration for each item. A free text box was provided for respondents to justify their response to each question. The survey did not seek feedback on the PRISMA 2009 flow diagram.

In Part B, we asked respondents whether they believed the updated PRISMA statement should recommend reporting of 12 new items that we identified from the review of existing reporting guidance for systematic reviews (24), and invited them to justify their response or suggest alternative wording for each new item. In Part C, we sought respondents’ views on the format of the checklist (i.e. single sentence per item, list of sub-items for some or all items, or another format). We also encouraged them to suggest additional reporting items not mentioned in the survey that they believed should be included in the updated guideline.

2.2.5. Analysis

We calculated frequencies and percentages of each response option for each question, based on all the available data for that question (i.e. responses from those who partially completed the survey were retained). For an item to reach consensus, one of the response options to the question needed to be rated by more than 66% of survey respondents; this threshold was selected based on what had been used in previous studies to develop reporting guidelines (33, 39). Items for which there was no consensus, or for which more than 66% of survey responses selected “remove the checklist item”, were considered high-priority items for discussion at the in-person meeting. Responses to the open-ended questions were read by one author (MJP), who summarised the comments, keeping all unique ideas (regardless of the frequency with which they were made). Representative quotes were also included in the summary.

2.3. Step 3. PRISMA update meeting

A two-day in-person meeting was held in September 2018 in Edinburgh, Scotland, to discuss the draft content and wording of the updated PRISMA statement, as informed by the review and survey results. Prior to the meeting, participants were emailed a report summarising the results of the survey and a list of all de-identified comments from survey respondents. There were 21 attendees from seven countries, consisting of members of the core team and others selected because of their:

- (i) experience in authoring, peer reviewing or editing systematic reviews;
- (ii) expertise in at least one of the following methodological areas: registration and protocols for systematic reviews, question formulation for systematic reviews, searching for studies, study selection, data collection, risk of bias assessment, certainty assessment, meta-analysis, alternative statistical synthesis methods, automation of systematic review processes, and research/knowledge translation; or
- (iii) experience producing systematic reviews with or for health care providers, policy makers, regulatory bodies, or other users, and knowledge about what content is required in systematic review reports to meet such user's needs.

All meeting attendees agreed to join the authorship team for PRISMA 2020. Members of the authorship team (all core team members, meeting attendees and four others who were unable to attend the meeting) had a broad range of experience encompassing the development of clinical practice guidelines; working in clinical practice; serving on advisory committees for medical societies, funders, health insurance agencies, and regulatory agencies; working with developers of software for systematic reviews; and, consulting with policy makers. The team had authored reviews independently and under the auspices of evidence synthesis organisations such as Agency for Healthcare Research and Quality (AHRQ), Cochrane and The Campbell Collaboration.

In the meeting we discussed proposed modifications to the PRISMA 2009 checklist items and explanation and elaboration, and the addition of new items. We discussed how to deal with any PRISMA 2009 items identified as potentially problematic because of infrequent reporting (see section 2.1), considering the views about the item gathered in the survey, and reflecting on possible reasons for poor adherence (e.g. journal word/table/figure limits). We also discussed modifications to the PRISMA 2009 flow diagram as suggested by other researchers (40-43), which were identified via the review of documents providing reporting guidance for systematic reviews (24), described in section 2.1. We concluded the meeting with a discussion about dissemination and implementation plans. At the start of each day, we asked attendees to consider the following guiding principles when considering content for inclusion in the updated PRISMA statement:

- a) the guideline should provide guidance on reporting of systematic reviews only and is not intended to convey guidance on how to conduct systematic reviews;
- b) checklist items should specify the minimum that we recommend authors report in all systematic reviews and meta-analyses;
- c) authors' adherence to all checklist items should help users assess the risk of bias or applicability of the systematic review findings, or facilitate replication of the systematic review, that is, enable others to repeat the methods used by the reviewers as closely as possible; and
- d) the explanation and elaboration can include additional recommendations for reporting and so should be read in conjunction with the checklist.

Discussion of each checklist item proceeded in a standardised format, supported by relevant material presented on slides. A speaker (MJP or JEM) first presented the PRISMA 2009 checklist item and its explanation and elaboration, followed by the suggested modification to each that was presented in the survey, and a summary of the quantitative and qualitative survey data for the item. The speaker then presented the lead author's proposal for how to word the checklist item and its explanation and elaboration in the updated guideline, which was based on data gathered in the survey. A chairperson prompted attendees to share their views on the proposal and to suggest alternative content or wording. At the end of each discussion session, the chairperson summarised the main points and noted whether there was support for the proposal presented or that further work on the item was required. No voting on the content or wording of items was conducted. A notetaker (MJP or JEM) recorded the main discussion points, suggestions and decisions made about items.

2.4. Step 4. Post-meeting activities

Following the meeting, the lead author of PRISMA 2020 (MJP) prepared a working document including a first draft of the updated PRISMA checklist along with notes about what to include in the explanation and elaboration for each item and a draft of the updated flow diagram, which was sent to the core team members for review. Two members (JEM and DM) discussed with the lead author the feedback received and reviewed a second draft of the working document. Two more drafts were subsequently sent throughout 2019 to the authorship team.

A presentation summarising the development process and main changes made was prepared for the 2019 Cochrane Colloquium and uploaded to YouTube in November 2019 (44). The video concluded with an invitation for interested participants to provide feedback on a preliminary version of the PRISMA 2020 checklist.

In December 2019, members of the authorship team were assigned one or more items to draft the explanation and elaboration and to find an example that best illustrated reporting of that item(s). The drafts were collated and edited by the lead author, and a paper including the checklist, explanation and elaboration and examples for all items was circulated to all co-authors for review. While members of the authorship team were reviewing the paper, a preliminary version of the updated PRISMA checklist was sent in April 2020 to a convenience sample of 22 systematic reviewers who had expressed an interest in providing feedback on the checklist (responding to the request for feedback in the November 2019 presentation). Their feedback was considered by the lead author and revisions were incorporated into the second draft of the paper. Comments on the second draft were sought from all members of the authorship team, who then endorsed the final version of the guideline by indicating via email that they had no further comments and approved submission of the guideline for publication.

3. RESULTS

3.1. Step 1. Review of literature to inform the guideline

Collectively, the four previous studies evaluating the reporting of systematic reviews revealed several PRISMA 2009 items not reported in at least a third of the reviews sampled (13, 21-23). These items included systematic review registration details or existence of a systematic review protocol, a full electronic search strategy for databases and study registers searched, methods and results of risk of bias assessments, methods used to explore heterogeneity of results or robustness of syntheses, and funding source for the systematic review.

The review of existing reporting guidance for systematic reviews (24) resulted in the generation of a bank of 221 unique reporting items for systematic reviews, and revealed that all topics addressed by the PRISMA 2009 statement could be modified or supplemented with additional guidance (item bank available at <https://osf.io/kbj6v/>). The topics addressed by the PRISMA 2009 statement with the highest number of additional items compiled were information sources used to identify studies, data items collected from studies, methods for synthesizing results, study characteristics presented, and results of syntheses (24).

3.2. Step 2. Survey of systematic review methodologists and editors

Among the 220 people invited to participate, 108 fully and two partially completed the survey. The 110 respondents (53 women) were based in 22 countries (17 high income); 74% of respondents

resided in Australia, Canada, the United Kingdom or the United States; and 27% lived in a country where English was not the primary language spoken. Furthermore, 38% of survey respondents had co-authored at least one Cochrane review throughout their career.

More than 66% of respondents recommended keeping six of the PRISMA 2009 checklist items as they were and modifying 15 of the checklist items using the wording suggested by the core team (supplement 3 in the Appendix (<https://osf.io/2dgph/>)). The consensus threshold of 66% was not met for the following six items: abstract, objectives, eligibility criteria, information sources, data items and limitations. The percentage of participants suggesting we remove a PRISMA 2009 item from the updated checklist never exceeded 4%. More than 66% of respondents supported the inclusion of five of 12 potential new items (supplement 4 in the Appendix (<https://osf.io/2dgph/>)). Also, 72% of respondents preferred changing the format of the checklist to a list of sub-items. Furthermore, 18% of participants suggested additional items for consideration. Many respondents provided detailed comments to justify their responses; a summary of the comments is provided in supplement 5 in the Appendix (<https://osf.io/2dgph/>).

3.3. Step 3. PRISMA update meeting

Discussions at the September 2018 meeting led to broad agreement about the content and wording for some items, while suggestions for further consideration were generated for the majority of items (a list of the proposals presented at the meeting, summary of the main discussion points and decisions made is provided in supplement 6 in the Appendix (<https://osf.io/2dgph/>)). Briefly, the following key decisions were made at the meeting:

- retain all 27 items in the PRISMA 2009 statement using current or modified wording;
- replace the item on the abstract with an updated PRISMA for Abstracts checklist;
- split items which comprise multiple elements into sub-items to facilitate clarity;
- consider creating sub-items recommending authors report: (i) any amendments from the systematic review registration or protocol; (ii) how review outcomes were defined; (iii) methods required to handle data prior to synthesis; (iv) data synthesis methods (meta-analysis and other); and (v) methods used to explore heterogeneity or assess robustness of syntheses and their corresponding results;
- consider including new items recommending authors report (i) how certainty or confidence in the body of evidence was assessed and the results of such assessments; and (ii) whether data, analytic code and other materials used in the review were publicly accessible.

In addition to these decisions, there was general agreement that the PRISMA statement should provide reporting guidance relevant to automation, given many tools to automate or semi-automate several review processes exist or are being developed. Attendees also proposed that consistent wording be used throughout the guideline to describe processes that apply to multiple steps of the review, such as involvement of multiple reviewers to minimise errors (e.g. in study selection, data collection and risk of bias assessment).

3.4. Step 4. Post-meeting activities

All the key decisions from the meeting were incorporated into the first draft of the PRISMA 2020 working document. The content and wording of the PRISMA 2020 statement (including the checklists, explanation and elaboration and flow diagrams) were then refined iteratively in response to feedback on drafts of the working document from members of the authorship team. Fifteen systematic reviewers who reviewed a near-final draft of the checklist provided feedback which led to minor changes to checklist items and the explanation and elaboration to enhance clarity, but no items were added or removed.

3.5. Differences between the PRISMA 2009 and 2020 statement

The PRISMA 2020 statement (45) differs from the PRISMA 2009 statement in several ways (a list of changes to each item with rationale is provided in supplement 7 and the alignment of the checklist items between statements is presented in supplement 8 in the Appendix (<https://osf.io/2dgph/>)). The wording of all checklist items was modified to accommodate reporting guidance for new/updated methods; enhance clarity for authors; facilitate replicability of reviews; facilitate assessments of the validity and applicability of reviews; ensure the item is applicable to a wider population of reviews; remove redundancy across items; or for another reason. We created a new section at the end of the checklist pertaining to administrative information, such as funding, which mirrors the style used in other reporting guidelines (15, 17, 46, 47). Otherwise, the same broad sections in PRISMA 2009 appear in PRISMA 2020.

PRISMA 2020 seeks the reporting of the following additional information compared with PRISMA 2009:

- how studies were grouped for the syntheses;
- full search strategies for *all* databases, registers and websites searched, not just at least one database;
- if applicable, details of automation tools used at various stages of the review (e.g. study selection process, data collection process, risk of bias assessment process);

- a list and definition of all outcomes for which data were sought and methods used to decide which results to collect from included studies;
- the processes used to decide which studies were eligible for each synthesis;
- any methods required to tabulate or visually display results of individual studies and syntheses;
- any alternative statistical synthesis method used when it was not possible to conduct a meta-analysis;
- any methods used to assess certainty (or confidence) in the body of evidence for an outcome, and assessments for each outcome assessed;
- citations of studies that might appear to meet the inclusion criteria, but which were excluded, and an explanation of why they were excluded;
- the characteristics and risk of bias among studies contributing to each synthesis;
- any amendments to information provided at registration or in the protocol for the review;
- any competing interests of review authors; and
- an indication of whether data, analytic code and other materials used in the review are publicly available and if so, where they can be found.

We also revised the PRISMA flow diagram template to incorporate updated guidance on how to report the results of the search and selection process, and provide templates specific to original systematic reviews and updated systematic reviews. The explanation and elaboration paper (48) includes bullet points that detail the reporting recommendations for each item, a structure that is new to PRISMA, which was adopted to facilitate implementation of the guidance (49, 50).

4. DISCUSSION

In this paper we provide detailed documentation of the process we used to update the PRISMA 2009 reporting guideline. We used a four-step process, including reviewing relevant literature, conducting a survey of systematic review methodologists and editors, holding a meeting to discuss items, and drafting and refining the guidance. This process meant that the guideline was informed by the literature and opinions of those who have expertise in systematic review methods, journal editors, and systematic reviewers. Documenting the process provides a potential roadmap for others in updating reporting guidelines.

The PRISMA 2020 statement includes several more checklist items than the original PRISMA statement. In our survey of methodologists and editors, some respondents advised against lengthening the checklist due to concerns that doing so could decrease adherence, which is already suboptimal (13),

and could make systematic review reports unwieldy. While we recognise that the length of the statement may act as a barrier to some, the addition of new items was deemed necessary to capture advances in systematic review methodology and to enhance the replicability of reviews. Furthermore, as we have emphasized in the statement paper (45) and explanation and elaboration paper (48), we do not expect authors to address each PRISMA 2020 item within the main report of the review; referring to relevant information in publicly accessible protocols or supplementary files may suffice. In future, we plan to develop resources and software to facilitate uptake of PRISMA 2020, such as online tools which prompt complete reporting by authors (49) and detection of incomplete reporting by peer reviewers (50).

There are a range of end users of systematic reviews (e.g. patients, guideline developers, healthcare managers and policy makers) who may seek the reporting, or highlighting, of different information. For example, health care managers and policy makers might want less information on the methods than researchers or guideline developers (51). There may therefore be value in undertaking a prioritization exercise with different end users to identify items they consider should be part of a minimum set of reporting items for the main report of a systematic review. Given that different groups of end users will likely prioritize different items, careful consideration would need to be given to the findings of this exercise and their influence on the final product.

Hundreds of reporting guidelines for health research are included in the EQUATOR Network Library, although not all have documented their development methods completely. In an evaluation of 317 published reporting guidelines, Schlüssel found that in many guidelines it was unclear whether the development process included a literature review (36%), a consensus process (44%), a Delphi survey (49%), or piloting or seeking of external feedback on at least one version of the guideline (54%) (52). Failure to report the development process completely may call into question the credibility of the guideline, given the basis for the selected items is not clear, and consequently lead to less uptake by users. We therefore join other developers (53-55) in encouraging more complete reporting of development methods for new and updated reporting guidelines.

There are several strengths of our development process worth reflecting on. Our comprehensive review of existing reporting guidance for systematic reviews (24) prompted us to consider numerous possible modifications and additions to the PRISMA statement that we are unlikely to have identified via discussion alone. Allowing survey respondents to justify their responses to questions yielded a rich dataset of suggestions for how to improve the PRISMA statement, many of which led to new proposals,

which without the survey, may not have been identified. Involving contributors with expertise in different areas ensures that the guideline reflects the latest guidance on various aspects of systematic review methodology. Involving contributors with: experience producing systematic reviews with or for key end users (e.g. patients, health care providers, policy makers, regulators); developing clinical practice guidelines; working in clinical practice; serving on advisory committees for various stakeholders; working for developers of software for systematic reviewers; and consulting with policy makers means that the perspectives of end users are considered to some extent.

However, there are also some potential limitations of our process. It is possible that the content of PRISMA 2020 may have differed had we included other end users, such as patients and policy makers, directly in the development process, who may have suggested other items for consideration. Furthermore, it is possible that the discussions at the in-person meeting might have differed had we presented results of a Delphi survey with multiple rounds, rather than of a single survey. However, as acknowledged by Moher et al. in their guidance for developers of reporting guidance, there is no best way to generate the list of items for consideration at an in-person meeting (14), and no empirical evidence to suggest one approach is superior to another in terms of its impact on the final guideline. Also, in lieu of using the Delphi method to reach consensus, all members of the authorship team were given four opportunities to comment on the inclusion and wording of items, which was updated iteratively in response to comments on earlier drafts. The final version was approved by all members of the authorship team, not by a formal vote per se, but by indicating via email that they had no further comments and approved submission of the guideline for publication.

Another potential limitation is that we did not systematically search for empirical studies investigating the consequences of failing to report each item recommended in PRISMA 2020. We chose not to do this largely for pragmatic reasons, as we assumed that few such studies would exist, and the ability to identify them is hampered by the lack of standardised terminology used to describe these studies. Instead, our recommendations were informed by the reviews and survey conducted, considerations about which items facilitate replication and help users assess risk of bias and applicability of systematic reviews, and co-authors' experience with authoring and using systematic reviews. Also, external feedback to date has been limited to a small convenience sample of systematic reviewers.

Complete reporting of systematic reviews is essential for users seeking to determine the trustworthiness and applicability of the review findings. We hope that documenting the development

process for PRISMA 2020 will provide a useful roadmap for others embarking on similar initiatives and will enhance the acceptance and uptake of the PRISMA 2020 statement.

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Competing interests

All authors have completed the ICMJE uniform disclosure form at www.icmje.org/coi_disclosure.pdf and declare: MJP and DM are editorial board members for the *Journal of Clinical Epidemiology*; DM is chair of the EQUATOR Network, IB is adjunct director of the French EQUATOR Centre and TCH is co-director of the Australasian EQUATOR Centre, which advocate for the use of reporting guidelines to improve the quality of reporting in research articles. TCH has received personal fees from Elsevier outside the submitted work. JMT received salary from Evidence Partners Inc., creators of DistillerSR software for systematic reviews; Evidence Partners Inc. was not involved in the design or outcomes of the statement and the views expressed solely represent those of the author.

Contributors

All authors declare to meet the ICMJE conditions for authorship. MJP and DM conceived the plan to update the PRISMA statement. MJP, JEM, PMB, IB, TCH, CDM, LS and DM contributed to the design of the literature review and survey. MJP administered the survey and analysed the data. MJP prepared all materials for the development meeting. MJP and JEM presented proposals at the development meeting. MJP and JEM took and consolidated notes from the development meeting. MJP drafted the article. All authors were involved in revising the article critically for important intellectual content. All authors approved the final version of the article. MJP is the guarantor of this work.

Data availability statement

The individual participant dataset for the survey, including responses to each multiple-choice question, is available at <https://osf.io/29ncx/>.

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